

## A Study Plan for the Course Preparing for Delta Module One

*This is an outline study plan for an 8-week course. Only you can decide how much time you have and how quickly you want to work through the course so amend it as you wish, taking longer and splitting weeks or combining weeks when you have more time.*

*The following is based on your having around 12 hours per week to devote to study.*

Week	Course element	Target	Tasks	Done ✓	To revise – make a list here
1	<i>Introduction to Module One</i>	Familiarisation with the structure and content of the examination	Work through the outlines to Papers 1 and 2 Take the first two tests and ensure better than 80% success		
	Independent	Get a reading list	Download the reading list for Modules One and Two		
		Find a centre to enter you	Check the Cambridge site and write to centres of your choice		
	<b>Module One Syllabus area 1</b>	Begin learning about theories of language and language learning	Work through Syllabus Area 1: <i>Theoretical perspectives on language acquisition and language teaching</i>		
	Linked in-service guides	Understand the key ideas	Work through the guide to <i>First and Second Language Acquisition Theories</i> Download and complete the worksheet		
			Work through the guide to <i>Theories of second-language acquisition (SLA)</i> Download and complete the worksheet		
	Broaden your knowledge	Work through the following linked guides: <i>How Learning Happens</i> <i>Input</i> <i>Chomsky</i> <i>Krashen and the Natural Approach</i> <i>Understanding error</i>			
Tests	Check your learning	Take the two tests linked at the end of the main guide			
2	Introduction to methodology	Getting the basics clear	Go to the <i>Methodology index</i> and follow the guide to <i>What is Methodology</i>		

Week	Course element	Target	Tasks	Done ✓	To revise – make a list here
	<b>Module One Syllabus area 2</b>	Learn about approaches and methodologies and link them to principles and theories	Work through Syllabus Area 2: <i>Approaches and methodologies</i>		
			Download and complete the first self-assessment worksheet		
			Do the rest of the guide completing the tasks as you proceed		
	Linked in-service guide	Investigate methodology	Download the worksheet to accompany the guide to <i>Methodology Refined</i>		
	Worksheet		Work through the guide and complete the worksheet task		
	Linked in-service guides	Extend your knowledge and understanding of methodology	Work through the following linked guides, doing any tests as you go: <i>The history and development of ELT</i> <i>Communicative Language Teaching</i> <i>Nine types of Resources</i> <i>Noticing</i> <i>Post-method methodology</i> <i>Language and thought</i>		
Independent	Go to the <i>Methodology index</i> and select two more guides in areas that interest you and work through them				
Examination practice	Apply your knowledge	Do the examination practice tasks for Areas 1 and 2			
3	Tests	Check your learning	Do the tests linked at the end of the guide to <i>Approaches and methodologies</i> (11 tests) Repeat any tests you on which you score less than 80%		
	<b>Module One Syllabus area 3</b>	Discover what you need to know and understand what's required	Work through the guide to <i>Language systems and learners' linguistic problems</i>		
	Tests	Check your knowledge	Take the following barrier tests and check the guides for areas you get wrong: <i>The Delta 25-item grammar barrier test</i> <i>Discourse test</i> <i>Lexis test</i>		

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			<i>Syntax test</i> <i>Modality test</i> <i>Verbs and tenses test</i>		
	Guide	Learn / Revise Phonemic transcription	Do / revise the course on <i>Learning to transcribe</i>		
	Linked in-service guides	Extend knowledge	Work through the following guides: <i>Genre</i> <i>Types of languages</i> <i>Types of verbs and clauses</i> <i>Language transfer</i> <i>Word order</i> <i>Error</i>		
	Independent	Discover what you don't know enough about	Download and print the glossary of grammar, lexis and phonology Read through the glossary and refer to the link to the guide online for items you do not fully understand Work through those guides		
		Fill in some gaps in your knowledge	Take the language-based tests linked from the <i>Glossaries Index</i> page Check your answers and refer to the guides you need		
NOW		Examination	Check your examination entry is confirmed		
4	Examination practice	Apply your knowledge	Do the examination practice tasks		
	<b>Module One Syllabus area 4</b>	Understand the area	Work through the guide to <i>Language skills and learners' problems</i> , doing the tasks and completing the worksheet as you go		
	Linked in-service guides	Extend your knowledge	Work through these guides: <i>Teaching skills</i> <i>Reading skills</i> <i>Writing skills</i> <i>Speaking skills</i> <i>Listening skills</i> <i>Phrase structure</i> <i>Clause structure</i> <i>Style and register</i> <i>Cohesion</i> <i>Shell nouns</i> <i>Genre analysis</i>		
		Focus on other settings	Go to the indexes to <i>EAP</i> and <i>Business English</i> and select one guide from each to follow		

Week	Course element	Target	Tasks	Done ✓	To revise – make a list here
		Focus on assessment of skills	Do the guides to assessing: <i>Reading</i> <i>Speaking</i> <i>Listening</i> <i>Writing</i> in any order (you will revisit these next week)		
	Tests	Check your knowledge	Do the set of tests linked at the end of the guide to <i>Syllabus area 4</i>		
	Examination practice	Apply your knowledge to the examination	Do the examination practice linked from the end of the guide to <i>Syllabus area 4</i>		
5	<b>Module One Syllabus area 5</b>	Get the overview	Work through the guide to <i>Knowledge of resources, materials and reference sources for language learning</i> doing the tasks as you go		
	Linked in-service guides	Extend background knowledge	Follow the guides linked from that page to: <i>Culture and learning styles</i> <i>Noticing</i> <i>Task types</i> <i>Activity types</i> <i>Authenticity</i>		
	Tests	Check	Do the tests linked at the end of the page		
	Examination practice	Apply your knowledge	Do the examination practice at the end of the guide		
	<b>Module One Syllabus area 6</b>	Follow the study guide to this area	Be sure that you have understood and can apply the key terminology concerning assessment		
	Linked in-service guides	Understand assessment	Follow the guide to assessment and evaluation		
	Focus	Ten things to consider when evaluating the test	Make sure you can apply these criteria to any test you encounter anywhere		
	Revision	Check your notes on assessing skills (week 4)	Make sure you have recognised the various ways to assess skills and can evaluate them against a learner's aims, needs and level		
	Testing language ability	Follow the guide to evaluation and assessment	Check that you have understood and can remember the various ways of testing systems knowledge and ability		
	Practice	Apply your knowledge	Write a test for your students bearing the principles of test design in mind		
	Examination practice	Apply your knowledge	Do the examination practice at the end of the guide		

Week	Course element	Target	Tasks	Done ✓	To revise – make a list here
6	1 <sup>st</sup> MOCK Examination Practice	Checking progress	Locate Mock Examination Paper 1 and do it task by task but not under examination conditions unless you feel very confident		
			Mark the examination (or, better, have it marked) against the key		
		Revision and revisiting	Locate areas of poor performance and re-do the guides to those areas		
	Revision course	Finding your way	Word through the introduction to the <i>Revision Course</i>		
	First revision section	Revision	Do the first section (theoretical perspectives)		
	Second revision section		Do the second revision section (approaches and methodologies)		
	Tests	Checking knowledge	Locate the tests for Paper 1 and do the tests on <i>background theory</i> and <i>methodology</i>		
	Third revision section	Revision	Do the third revision section (language systems)		
	Tests		Locate the tests for Paper 1 and do the tests on: <i>Connected speech</i> <i>Consonants</i> <i>Error</i> <i>Lexical relationships 1</i> <i>Lexical relationships 2</i> <i>Sentence structure</i> <i>Verbs</i> <i>Vowels</i> <i>Word class</i>		
Testing and Assessment	Revision	Re-do the guide to <i>testing and assessment</i> and the guides to <i>testing individual language skills</i> (make a wise selection) Then do the Paper 1 test on testing and assessment			
7	Fourth revision section	Revision	Do the fourth revision section (language skills)		
	Fifth revision section		Do the fifth revision section (resources)		
	Sixth revision section		Do the sixth revision section (assessment)		

Week	Course element	Target	Tasks	Done ✓	To revise – make a list here
	1 <sup>st</sup> MOCK examination practice	Checking progress	Locate Mock Examination Paper 2 and do it task by task but not under examination conditions unless you feel very confident		
			Mark the examination (or, better, have it marked) against the key		
		Revision and revisiting	Locate areas of poor performance and re-do the guides to those areas		
8	Revision Tests and more	Revision and gap filling	Do all the practice tests for Paper 1 and 2		
			Do the 100-item test and check your answers revisiting the guides as necessary		
	2 <sup>nd</sup> MOCK examination	Checking progress	Do the second mock examination (both papers) <b><u>under examination conditions</u></b>		
			Mark the examination (or, better, have it marked) against the key		
	In-service guides	Revision and revisiting	Locate areas of poor performance and re-do the guides to those areas		
	Independent	Catch-up time	Review what you have done and revisit areas you skimmed or which you found most difficult Take at least 4 hours over this – it's important		
Final test	Checking	Re-take the 100-item test and check your score Revise areas of difficulty using the links from the results page			